



Shining a Light on Broadmead

Vol. 44, No. 7

Broadmead, Cockeysville, MD

March 2023

Recycling at Broadmead

By Pat van den Beemt

Expectations are what we think will happen, but reality is what actually happens. That sums up recycling efforts here at Broadmead. Much of what people think can be recycled is not. Plastic utensils from the Arbor Café? Not recyclable. Styrofoam packaging or cups? Not recyclable. Plastic bags that some residents put their cans and bottles in? Nope. In fact, Baltimore County's Bureau of Solid Waste Management calls plastic bags "tanglers" because they get caught up in the machinery used to separate recyclables.

Nikki Conners, Cluster M representative, recently sent out detailed reminders to her cluster of what the county accepts and what it doesn't. She urged them to follow the rule: "When in doubt, throw it out." Gina Matthias, Broadmead's Vice President of Sustainability, agrees. Residents are asked to put glass bottles and containers in trash and not in recycling. Gina said the trash hauler does not accept glass. She is working on a solution.

Instead of aspirational recycling—where you hope and pray it's recyclable—we want people to be better informed," she said. She is working to revise posters that hang in the 25 trash rooms in the Garden and Hillside homes to clarify what is acceptable to recycle. To take the guesswork out of what goes in the Community Center's trashcans, she will be affixing labels on them to explain what goes in each.

George Opfer and Ron Gentry empty the trash rooms seven days a week. It takes them half a day to collect trash and recyclables. They put recyclables in a dumpster behind the dog park that either gets picked up twice a week or in a compactor near the loading docks that Gerber's Trash Removal trucks pick up

three to four times a week.

Gina is also working with Dan Hall, Brenda Copenhaver, and Joseph Tubman in hopes of eventually making all containers in the Arbor Café and Bistro recyclable.

Currently, take-out meals are placed in black sectioned meal containers that can be washed and reused about 30 times before they degrade. The new containers that Gina is looking at can be reused up to 3,000 times.

Although there is a bin outside the Arbor Café in which residents can put those used containers, not enough do. Dan said he still buys 375 new containers a week. He recently changed the type of plastic "clam shell" containers used for desserts at the Arbor Café. They are now recyclable.

To discourage plastic bag use in the Bistro and Corner Cupboard, residents will soon receive a reusable plastic bag with handles that will feature the Corner Cupboard logo. These can also be used to carry meals home from the Arbor Café. Dan recalls a time 15 years ago when just about all residents used their own baskets to transport meals. "So many people use brown paper bags now to bring their dinner home. They are recyclable, but a basket can last a long, long time."



Banner photo of snowdrops by Erroll Hay

Baltimore County Recycling

Baltimore County's Material Recover facility in Cockeysville took in about 75,000 tons of recycled material in fiscal year 2022. A rough estimate for this material in a year is:

Aluminum: less than 1%
Mixed paper: 30–35%
Cardboard/corrugated cardboard: 50–55%
Plastics: > 7%
Steel: > 2%

The county sells recycled materials monthly through an open bidding process. Although there are some difficulties recycling plastics, Baltimore County shipped some 3,000 tons of plastic in 2022, all of which was sold.



Source: Nick Rodericks, Bureau Chief, Baltimore County Bureau of Solid Waste Management. For more information, go to <https://www.baltimorecountymd.gov/> and click on Trash/Recycling. Then, from the list of items on the right, click on “Items accepted for recycling.”

Open Forum to explore reparations

By Stant Collins

The Rev. Canon Christine L. McCloud will lead a discussion on the controversial topic of reparations for African/Black Americans. The session will be held on Friday, March 31, at 7 p.m. in the auditorium.

The concept of reparations is based on the idea that African/Black Americans should be compensated for their years of enslavement and the ensuing years of subjugation, denigration, and discrimination, which still have a great impact today. Is it possible for our country to repair the wrongs of our past through the act of reparations?

The Rev. McCloud is Canon for Mission in the Episcopal Diocese of Maryland. Prior to her call to the Diocese of Maryland, she was the founder and executive director of Turning Point Community Services in Irvington, NJ, an agency that provides emergency housing and supportive services to homeless women and children. Before her ordination, Rev. McCloud spent 30 years working in the not-for-profit sector in the development of special needs housing and job training programs for formerly incarcerated individuals, homeless populations, and people with mental health diagnoses.



*Rev. Canon
Christine L. McCloud*

Health Care Lecture “Navigating Health Care Choices at End of Life”

Aaron Charles, M.D.
Medical Director
Acute Care for the Elderly Unit, Gilchrist

Chaya Lasson, RN
Manager, Jewish Hospice Program, Gilchrist

Monday, March 20, 3:30–4:30 p.m.
Via Zoom

Greater Barn Sale

Donations are being solicited for the Barn Sale. Bring them to our workroom in the

Back Hall, Lower Level

10:00 a.m.–12:00 p.m. Thursdays

Next Barn Sale

Friday, April 28

Saturday, April 29

Lower level of the Center

Tell your family and friends

Barn Sale in April for friends and family

By Stan Wilson and Kathleen Truelove

The next Barn Sale will be held all day on Friday, April 28, and the morning of Saturday, April 29. Residents, staff, families, and friends will all be able to make purchases at very reasonable prices. The sale will take place on the lower level of the Center, all day on Friday and a half-day on Saturday, with setup on Thursday and take down Saturday afternoon.

The primary customer focus continues to be residents and employees, who are encouraged to invite their family and friends, relying on word-of-mouth advertising.

The Barn Sale provides a service to residents and their families by removing selected items that are no longer needed once a residence is to be vacated. It is also a service to new residents, both before and after they move in, by accepting selected items that are no longer needed as they downsize. Such items—furniture, small appliances, electronics, kitchenware, china, glassware, linens, art work, watches and jewelry, clothing, and knick-knacks—may be offered for donation to the Barn Sale. (Book donations are collected separately by the Library Work Group.)

The Barn Sale accepts donations based on their potential salability. Items accepted are in good working order; not in need of repair; clean and not stained; and in very good condition overall—things that you would be happy to give to a friend or loved one.

All revenue from the sale of such items goes to support the activities of the Broadmead Residents Association. In so doing, the Barn Sale provides the largest source of funds in support of BRA programs, which include concerts, lectures, movies, art classes, and other events that enrich the lives of residents. Not only does the Barn Sale assist residents and their families in recycling unneeded items, but it also helps build a sense of community among participating volunteers.

Moving Around Broadmead

	From	To
Trudy Pojman	P-8	K-8

The *Cincinnatian* rolls in

By Bill Hakkarinen



Vilma Pynnonen Hakkarinen and her son Billy, age 3, Silver Spring MD, 1947

Join historian Sharon Harwood in an immersive experience aboard the first run, in January 1947, of the B&O's *Cincinnatian* passenger train. City officials, reporters, and railroad executives gathered for ribbon-cutting ceremonies in Cincinnati's Union Terminal and the Washington, D.C. Union Station as the B&O Railroad

presented its new daylight luxury streamliner. The *Cincinnatian* would become one of the most admired trains of its era, remembered even today for its beauty and amenities.

Ms. Harwood will speak to residents on Wednesday, March 22, at 10 a.m. in the auditorium.

The onboard experience was the creation of a remarkable civil engineer, Olive Wetzel Dennis, a graduate of Goucher College who grew up in Baltimore. She received a degree in civil engineering from Cornell University and began work at the B&O designing bridges. In this presentation, Ms. Harwood will detail Ms. Dennis's contributions to the B&O Railroad from 1920 to 1950 as their first engineer of service and take us on the inaugural run of this storied train.

Photos from Bill Hakkarinen



Painting of *Cincinnatian* by resident Bob Heaton.

African American/Women's History events in March

By Gwen Marable

The Multicultural Committee is celebrating Women's History Month with three events. On March 9, at 3 p.m., Griot (African American storyteller) Janice Greene will interpret the life of Harriet Tubman, an African American enslaved woman, who was born in Cambridge, Maryland, and escaped slavery. She continued to lead others to freedom. Greene is the official Griot for the State of Maryland.

Willa Banks, a historian, will return to Broadmead via Zoom on March 15 to present a talk titled "Pauli Murray: a Visionary in her Time and Today." Anna Pauline Murray was born in Baltimore in 1910. She was a legal scholar, an Episcopal priest, and a civil rights activist. Her dynamic life and her legal work influenced the successes of the civil rights and women's movements. The Zoom link will be provided before the talk.

On March 23 there will be a bus trip to the Pratt Library in Baltimore to attend the launching of the book *Benjamin Banneker and Us*, by Rachel Webster. The story of Benjamin Banneker, his parents, and his grandparents is interwoven with the stories of the descendants of his sister, Jemima Banneker Letts. The bus will leave Broadmead from the front entrance of the lower level at 6 p.m. The program begins at 7 p.m. and will conclude at 8 p.m. Sign-up will be announced at a later date.



Pauli Murray, photo from New York Historical Society

Music Committee Concerts

Nakita Borisevich, violin
Margarita Loukachkina, piano

Sunday, March 5, 3 p.m.
Auditorium

Cold Spring Jazz Quartet

Sunday, March 12, 3 p.m.
Bistro

Volunteer opportunities for residents abound

By Elsa Collins

As the Master Plan construction and COVID restrictions come to an end, Broadmead's Health and Wellness programs are planning ways for independent living residents to reconnect with residents who live in the higher level of care neighborhoods: Taylor, Darlington, Douglass, Greenleaf, Hallowell, and Tubman. Vice President of Health Services Ann Patterson is currently conducting tours of the new spaces to introduce residents to the physical changes and the levels of care offered in each neighborhood.

With the goals of connecting residents to each other, lessening social isolation, and improving well-being for all residents, Spiritual Care and Volunteer Coordinator Joanne Tetrault, along with the Lifestyle Department and the Center for Excellence in Dementia Care, are developing training sessions to help volunteers. This training will help equip independent living residents to visit and engage in activities with their neighbors in the "upstairs" neighborhoods.

The training will include safety tips for wheelchairs and rollators, communication skills for conversing with people who live with memory issues, and acclimation to how and where to engage residents in playing games and cards and reading together. In addition, the training will introduce a simple screen-based resource that includes music, games like Bingo, and other resources for resident activities.

As volunteers renew friendships and become comfortable in the new areas, other activities will evolve, reflecting residents' interests. It is hoped that with greater confidence, more independent living residents will accompany their "upstairs" neighbors on excursions to various parts of the Community Center and outdoors in good weather.

Volunteering has a long history at Broadmead. Other volunteer partnerships include visiting therapy dogs, music programs, students from Hereford High School, St. Paul's School, and Friends School, and clients from the Jewish Community Services Employment Support program.

Dates and times for volunteer training are being planned for the spring. A notice will be posted for residents to sign up.

Broadmead Welcomes

Susan Elizabeth Appling, Y-306, 443-421-1534
susanappling@comcast.net, December 2020



Raised in Towson, Sue Appling is a homegrown product of the Baltimore area. She first obtained her diploma from the Johns Hopkins Hospital's School of Nursing and next attended the University of Maryland, Baltimore, where she obtained bachelor's and master's degrees in nursing. She

then pursued a doctorate in policy sciences at UMBC.

Sue had a long and varied career in nursing, beginning in the ICU at Johns Hopkins Hospital. She then taught at Church Home and Hospital and at Maryland General Hospital. She was also a research nurse at the Prevention and Research Center at Mercy Hospital and a practice-based consultant to the nursing department there.

Sue then spent 20 years on the faculty at the Johns Hopkins School of Nursing, where she established a reputation as an outstanding teacher and acquired the sobriquet "Super Nurse." An undergraduate nursing scholarship was named for her in 2005.

Retiring in 2015, Sue volunteered at the Johns Hopkins Chesney Medical Archives and as a job trainer of certified nursing assistants at the Caroline Center, an education and career skills training program for marginalized women.

Since moving to Broadmead, Sue has become very involved in BRA activities. She chairs the Food Service Committee and also serves on the Health Care Committee.

Always an active traveler, she has recently returned from a trip to Egypt. She has also visited the National Parks and various countries in Southeast Asia, Europe, and Latin America.

Married for a short while in the 1980s, Sue has two stepchildren and seven grandchildren.

Text and photo by Jackie Mintz

Editor's Note: Due to an editorial error, this profile was not published earlier. The Voice apologizes for the oversight.

Lorinda McColgan, G-5, 443-578-8394
mccolganlorinda@gmail.com, July 2022

Lorinda McColgan not only joined Ted and Virginia Rugemer, her brother and his wife, here at Broadmead, but through sheer luck, she ended up in the cluster where they live. Her luck ran out, however, one month after moving in. She fell and broke her hip and her left hand—and, of course, she's left-handed. After a stay on Greenleaf, she's back in Cluster G cluster.

Lorinda Rugemer was born in Baltimore and attended Friends School from kindergarten through high school. She then went to Bucknell University for two years and graduated from Hood College, majoring in art history and psychology.

Lorinda moved back to Baltimore and landed her first job, taking classified ads over the phone for The Baltimore Sun. She then worked at Johns Hopkins University in the registrar's office.

She soon transferred to the School of Medicine, where she was responsible for keeping track of everything an applicant sent in. If she mislaid a crucial piece of paper, the incomplete file would then be rejected by the committee. That was a 6-day-a-week job, and she left for a 5-day-a-week job at the University of Maryland.

Lorinda married Tim McColgan in 1962. She and Tim, who died 10 years ago, lived in a condominium near the Hopkins Homewood campus. She moved to Broadmead after 33 years there. She has never had a car and has walked or taken public transportation everywhere.

Lorinda has lifelong habits that she continues here. After dinner, she watches the news and then tries her luck at beating the contestants on "Jeopardy!" She is also a huge Baltimore Ravens fan.



Text and photo by Pat van den Beemt

InSight

Low Vision Group

Third Tuesdays, 3:15 p.m.

March 21

April 18

Fireplace Room

New acquisitions for the Broadmead Collection

Text by Jackie Mintz, photos by Bill Breakey and the Broadmead Arts Council.



Joyce Lister, Rendezvous

lit scarlet passageway in New Orleans. The use of contrasting color captures the quality of the summer night. Joyce is a well-known pastel artist whose paintings have won numerous awards in national and regional shows. Her work is widely exhibited in the Mid-Atlantic and the Northeast and Southeast states. The painting is hanging on the narrow diagonal wall between the Arbor Café and the passageway to Holly Terrace.



Sam Robinson, Out of the Woods

A second acquisition is the landscape painting “Out of the Woods,” by Sam Robinson, the artist whose portraits are the subject of the current exhibit

in South Hall. The landscape, an oil on canvas, is a gift to Broadmead and the Broadmead Collection by Broadmead residents Court and Sally Robinson, who are Sam’s parents. The scene shows several small horse-and-rider figures emerging from the shaded woods into a verdant, sunlit meadow, combining Sam’s interests in landscapes and figures. It is currently hanging on the diagonal wall leading into the south entrance to the auditorium.

The Arts Council continues to identify and establish contact with Maryland artists, both established and emerging, to further expand the Broadmead Arts Collection. All recent acquisitions have been funded by individual donations of artwork and tax-deductible contributions or acquired by loan. Residents are encouraged to support the Arts Collection Fund and can do so by contacting Eleanor Landauer, Vice President of Advancement and Communication, at 443-578-8044 or elandauer@broadmead.org

Tech Tip

By Don Killgallon

Need a mind energizer?
Try WORDLE (rhymes with “hurdle”).
Available here: [wordlewebsite.com](https://www.wordlewebsite.com).
Gleefully addictive!

W O R D L E

A DAILY WORD GAME

Let’s Sing

“Memories from Movies and Musicals”

A community sing-along
With Jonathan Jensen, piano,
BSO musician

Monday, March 6, 7 p.m.
Auditorium

FROM THE ARCHIVES

March 1984

Here at Broadmead, daffodils, among other things, will welcome spring along the trail in the Woods, a tribute by his many friends to Val Ellicott, who loved to take walks. A handrail has been built to make easier the approach to the path. Nearby, newly planted flame azaleas will welcome visitors. A wooden marker, "The Summerhouse Path," will point to the shelter beyond, where one may stop, rest, and relax while enjoying the view. Another handrail is planned in this area to assure visitors of safe walking.

New Arrivals

David & Letitia Robson
C-22, January 31

Vernon Schaefer
C-2, January 31

Joan Breitman
F-5, February 28
443-578-8296

Daryll & Wiffy Gill
U-202, March 2
443-578-8511

Chuck & Sandra Angell
D-12, March 21
443-578-8644

George & Sandra Spanos
F-3, March 31

Doug Fambrough & Savitri Gauthier
U-301, March 31

BROADMEAD MOVIES Saturdays, 7 p.m., Auditorium

March 4: *She Said*

The movie follows *New York Times* reporters Megan Twohey and Jodi Kantor as they try to persuade the women assaulted by Harvey Weinstein to speak publicly. With Zoe Kazan and Carey Mulligan.

2022 Drama R 2 hr 8 min

March 11: *The Fabelmans*

The movie "recounts the moral education of Sammy Fabelman — adored son, budding visionary — who in adolescence learns that life is agonizingly more complicated than he grasped as a child" [NY Times review]. With Michelle Williams, Seth Rogan, Paul Dano, Judd Hirsch.

2022 Drama PG-13 2 hr 31 min

March 18: *Where the Crawdads Sing*

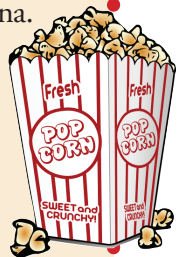
A faithful adaptation of the book by Delia Owens. Kya is an abandoned girl who raised herself in the marshlands of North Carolina. When a young man is found dead, Kya is accused of murder. With Daisy Edgar-Jones and David Strathairn.

2022 Drama PG-13 2 hr 5 min

March 25: *Learning to Drive*

Soon-to-be-divorced Wendy Shields signs up for driving lessons with Darwan, a Sikh immigrant to America. Though their cultural perspectives are poles apart, the two begin to develop a bond. With Patricia Clarkson and Ben Kingsley.

2015 Drama R 1 hr 30 min



Movie Musical Matinee Series

First Wednesdays, 3 p.m., Auditorium

March 1: "The Music Man"
April 3: "The Sound of Music"

Boynton scholarship awardees

By Anne Fogg



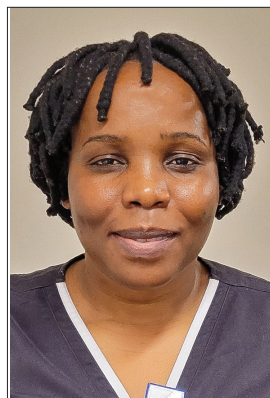
Mona Keemer



Jo Lavarre



Alison Sinclair



Robby Kikaro



Esther Stewart

Five Broadmead employees have been awarded Boynton scholarships to advance their education. The awards are for \$5,000 each.

For fall 2022, the two awardees are both in the Housekeeping Department. **Mona Keemer** and **Jo Lavarre** work as team leaders. They are using the scholarships to take computer classes at the Community College of Baltimore.

For winter 2023, the three awardees come from the Nursing Department.

Alison Sinclair, an RN supervisor, is working on a bachelor of science/ master of science degree in nursing at Chamberlain University.

Robby Kikaro, an RN, is pursuing a bachelor of science degree in nursing from Walden University.

Esther Stewart, an LPN, is working on a bachelor of science degree in nursing at Pratt Community College, which will enable her to become an RN.

Journal of Poetry and Prose

Now accepting submissions for the
Spring 2023 issue

Limit of two 8x11 pages. Anything longer
must be serialized. Email submissions
to: brabusweb@gmail.com

The Journal is moving to a subscription
model, but it's still free. To receive the
Journal, please send an email to:

Joe Nietubicz at joen1234@comcast.net

Please include your
name and unit number.

Quaker Meeting at Broadmead

Sundays, 10:30–11:15 a.m.
Fireplace Room

All residents are invited
Masks optional

Old & New Shop

New Hours

Starting March 6
Monday through Friday
11 a.m. to 3 p.m.

Stay up to date with
BRA Events and Activities
Go to the BRA Website
www.broadmeadbra.org

Baltimore Magazine recognizes Broadmead's executive team

By Jackie Mintz



Front, from left: Yolanda Johnson, Robin Somers, Jennifer Schilpp. Rear, from left: Gina Mathias, Kristy Krueger, Joyce Malone, Amara Bilal, Eleanor Landauer, and Ann Patterson

Featured in the current issue of *Baltimore Magazine*, which appeared on newsstands in February, is an article on the leadership team at Broadmead. In the section titled “Women who Move Baltimore,” the magazine writes: “Since Feb 2021, an all-female executive leadership team has been the driving force behind ... Broadmead’s [status] as a national leader in senior living.” This is the “team that has guided Broadmead to become a trailblazer in the development of high quality, innovative solutions that enrich the lives of older adults in a changing world.”

The article further notes that the team has won numerous awards, including the Chesapeake Human Resources Association’s Excellence in Diversity Award and the first-ever Certified Memory Care Neighborhood Commendation from National Council of Certified Dementia Practitioners. Broadmead also has been the winner for three straight years of the *Baltimore Sun*’s “Best of Baltimore Readers’ Poll” in the category of Best Retirement Community.

Photo from Baltimore Magazine.

Art Studio Notes

By Jane Elkinton

This occasional column seeks to keep the community informed about the many activities and projects taking place in the Art Studio, which is located in the Wellness Center. The studio enjoys the soft, steady light of a northern exposure and has large work tables and counters. One end of the space is outfitted for clay work and kiln firing. When the room is not in use by an art group, it is available to any resident who wants to work in the space.

Currently, four resident-led groups share the studio:

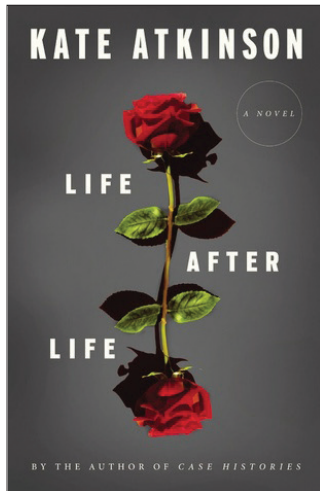
- **Stitches** (formerly called Knitting) meets to knit, crochet, or practice other fiber arts on Tuesdays at 2 p.m. (Leader: Denise Love).
- **Paint and Pastels** class, taught by Sali Thomas, uses the space on Wednesday mornings, 10–12 (Leaders: Carel Hedlund and Jeanette Anders).
- **Ceramics class** is taught by Yoshi Fujii and meets on Thursdays, 1–4 p.m. (Leader: Diana Harley).
- **Creative Arts workshops:** The studio hosts a variety of media and art experiences supplemented by online instruction; it meets on Fridays, 1–3 p.m. (Leaders: Jai Dixon and Jane Elkinton).



All groups welcome beginners and experienced students alike. If you are interested in any of the art activities, please contact the resident leaders. Some of the classes have limited enrollment and waiting lists for new participants. All activities share a welcoming, convivial spirit. Future columns will provide more focus on each group and announce special activities and exhibitions.

Photo from Jane Elkinton

Residents are reading . . .

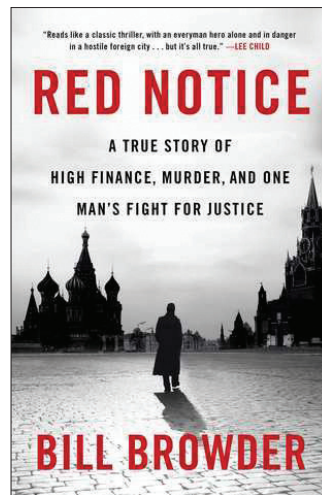


Life After Life, by Kate Atkinson, considers an intriguing question: What if you could live again and again, until you got it right? The central character is Ursula Todd, born on a snowy February night in 1910, when she either died at birth or lived to grow up. The novel follows her life up through World War II in London, going back and

forth in time. Atkinson's prose is a delight to read; her characters have depth and nuance, and the plot is fascinating.

—Kathleen Truelove

Red Notice: A True Story of High Finance, Murder and One Man's Fight for Justice was written by Bill Browder, an American-born investment broker and hedge fund manager, who moved to London to work for a couple of American investment firms in 1989. As the Berlin Wall came down in 1990, he foresaw a financial

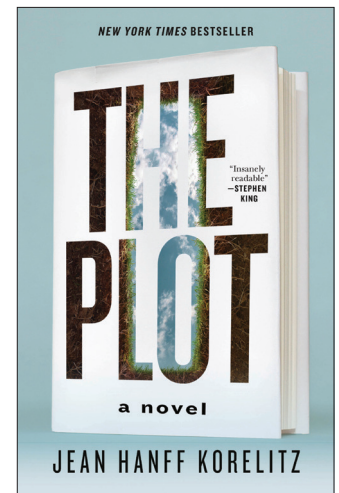


opportunity in Eastern Europe and went to Russia, which was implementing a privatization program. Browder started his own investment firm in Moscow, the Hermitage Firm. As he invited investors into Hermitage, he began to look more closely at the Russian companies he was suggesting that his clients invest in. The book details his discovery of how Putin allowed his close allies and confidants to “take over” some of these companies at prices that made them instant billionaires. As one example, Browder found that Sibneftegas, a subsidiary of Gazprom, Russia's giant oil and gas producer, was valued at \$530 million, but a group of buyers bought 53 percent of the company for \$1.3 million. The book reveals many

more such examples of fraud and theft in Russia. Browder feared imprisonment or even an attack on his life and was eventually forced out of Russia.

—Sidney M. Levy

Although I am not an avid reader of crime literature, *The Plot*, by Jean Hanff Korelitz, is one of the best of this genre that I have read. Because there are so many twists and turns, and the plot is so dense, mentioning any one of them would spoil a reading. The principal character is a once-successful writer, now at a creative nadir, who has had writer's block for years. The best he can do is obtain an occasional position at a summer writing program at a college of low stature, one happily in a rural location, offering him relief from the numbness of his big city life. However, he endures weeks of agony because of an obstreperous student. A contest results between student and teacher. But subsequently, a reward for the ex-writer will turn up in his future: resurrection as an author of distinction and stature. So masterful is the plot that the end of the novel generates a new beginning, one that readers will have to plot personally.



—Robert Youngblood

First Monday Book Group

March 6: *Mistress of Riverdale: The Plantation Letters of Rosalie Stier Calvert*

April 3: *Endurance: Shackleton's Incredible Voyage*, by Alfred Lansing

Mondays, 10:30 a.m., Fireplace Room

For more information, contact:
Elsa Collins, 443-578-8231

The ubiquitous turkey vulture

By Debbie Terry



Photo by Andy Wilson.

Photo by Bill Blauvelt.

At Broadmead, turkey vultures can easily be seen in two places. One is in the sky, rocking from side to side as

they ride the thermals searching for fresh carrion in the woods and fields. The other is in the trees on the hillside across from Stony Run and clusters P, Q, and M.

When vultures roost in trees, they often spread their wings to increase their body temperature or to dry their wings. It can also be their way of taking a bath, because their eating habits preclude them from preening with their beaks like other birds. They rely on the sun's ultraviolet rays to kill bacteria transferred from the decomposing animals they eat.

Most birds have no sense of smell. If a baby bird falls out of a nest, parent birds cannot smell the human hand that places the baby back in the nest. However, the turkey vulture can smell decaying meat from over a mile away. This is because its brain has a significantly larger olfactory bulb relative to its brain volume. Also, this species has large open nostrils without a septum (middle wall), which allows free airflow through the nose.

Gas utilities keep a lookout for turkey vultures above their gas lines. Natural gas is odorless, so ethyl mercaptan is added to their transmission lines and the gas that is piped into homes. A key ingredient in the odor of carrion is ethyl mercaptan, so turkey vultures circling over the gas lines indicates a leak.

The turkey vulture is not a beautiful bird, but without these swooping scavengers, the globe could

potentially be looking at a greater incidence of disease and pestilence. These birds clean up all sorts of things that could cause human and livestock illness.

A warning: Never get too close to a turkey vulture; their defense mechanism is to vomit on predators.

Connie's cats share a home but not much else

Text and photos by Jackie Mintz

In May 2010, a kitten wandered into Connie McCulloch's backyard on Bellona Avenue. Approximately three months old, she weighed in at three pounds. All black, with a long, fluffy tail, Raven became her name. She has now grown to 10 pounds. Motionless and with a tiny meow, she can be hard to find unless she wants to be. She finds a cozy spot under covers, under the sofa, or behind a curtain.



Allie



Raven

A month after Raven's arrival, deciding that the kitten needed a feline companion, Connie adopted a second cat, Allie, a rescue from Lucky Cat. Found behind Sasha's Restaurant on Charles Street, Allie was being fostered by a student at the Peabody Institute and was about 2 1/2 years old.

Raven is a lap cat and spends as much time as she can on Connie's lap. She also seeks out strangers to investigate. Allie is the opposite. She scuttles away whenever she thinks a person is getting too close. Allie would like to be a lap cat but is wary of people, perhaps as a result of her early life on the street.

Water, water everywhere

A broken pipe in the heating system on a damp, cold Saturday called in whole the maintenance team, including HVAC technician Chris Scism and plumber Marshall Roane. All worked tirelessly to restore heat in the Clusters.



The February 13 water main break, photographed on the 14th by Dave Sutton.



Residents of Cluster J enjoying bottled water supplied in abundance. Photo by Ray Lund



February 25: plumber Marshall Roane searching for a break in a water pipe in the heating system for the cluster homes.

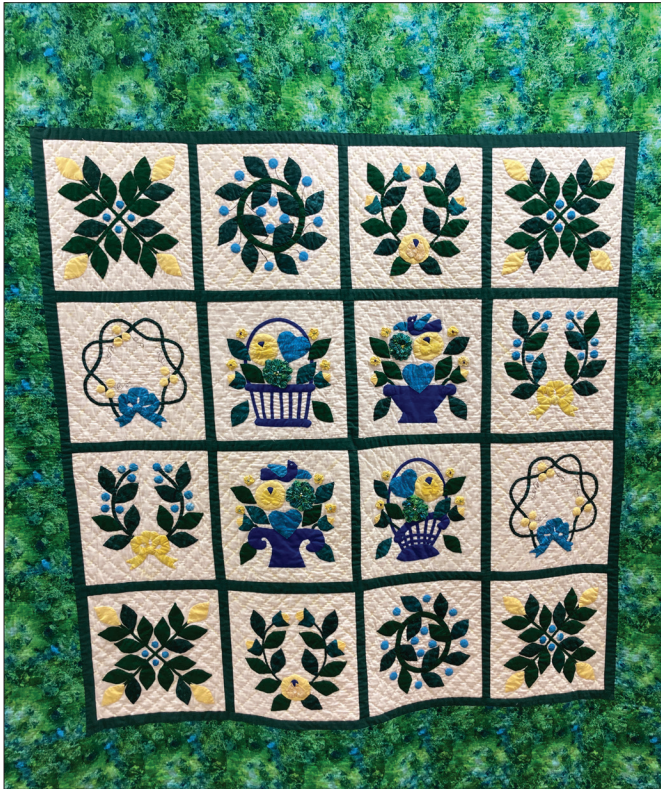


He found the problem.



He fixed the problem the same day.

Annual quilt exhibit on East Hall



Baltimore Album Quilt made by Bobbie Cook, a novice hand quilter who works on a 15" hoop on her lap. She made this while on the waiting list for Broadmead in 2019.



Jerry's Ties, 2022, pieced by Carole Glowacki and quilted by Claudia Chapman.



Outta the Blue – Sunrise and Canopy of Love and Light, both made by Paula Scheye.

Great Decisions

Barry Rascovar, Moderator

Thursdays, 3:30–4:30 p.m.

March 2:	Global Famine
March 9:	Iran at a Crossroads
March 16:	Climate Migration

Zoom sign-in will be available at 2:45 p.m.

Links can be found on Caremerge under the "Upcoming Zoom Calls" tab or on the BRA website under "Events."

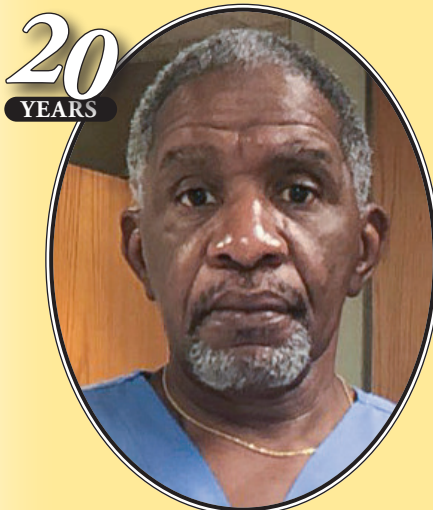
Employee Anniversaries 2022



*Melinda Purkey
Administrative Manager, Dining*



*Toby Hughes
Lead Dietary Aide*



*Melvin Hines
Geriatric Nursing Assistant*



*Betty Shaughnessy
Bruck Program Fund manager*



*Cheryl Gross
Arbor Café Server*



*Jerrell Fleming
Executive Chef*



*Debbie Williams
Salon Stylist*



*Allen Fleming
Campus Safety Specialist*

*NOT PICTURED: Mia Davis, Geriatric Nursing Assistant, 15 years and
Coretta Evans, Geriatric Nursing Assistant and Certified Medication Technician, 15 years*

Employee Anniversaries 2022



*Sha-Nya Ross
Lead Server*



*Nicholas West
Closing Supervisor*



*Laurie Snyder
Lifestyle Coordinator*



*Tyler Kendig
Driver*



*Tiffany Adams
Certified Medical Assistant*



*Shameka Taylor
Purchasing Coordinator*



*Ojiugo Okereke
Registered Nurse*



*Marva Wilson
Geriatric Nursing Assistant*



*Leah Baker
Main Dining Room Server*



*Clinton Anokwute
Main Dining Room Server*



*Brian Hundertmark
Lead Utility*

NOT PICTURED: Gurley Redd, Geriatric Nursing Assistant, 5 years

This and That

Items needed for April Barn Sale!

Anything to do with entertainment, patio fun, gardening, travel, etc.

Contact Judy Lorenz, 443-578-**8460**

Flower Committee

WANTED!

Dedicated gardener(s) to plant and tend our raised zinnia bed

For more information, contact:
Sharon Karsk, 443-578-**8305**

Resident Email Lists

To join the Broadmead Resident email list:

Send an email to:
brabroadmead@gmail.com

To join the BRA Business email list:

Send an email to:
joen1234@comcast.net

(Do this also if you change your email address)

Jewelry

Please donate your unused jewelry for the next Barn Sale

Necklaces, bracelets, earrings, watches, etc.

Call Dori Houseman, R-12,
at 443-578-**8263**

Francine Nietubicz, N-10,
at 443-578-**8385**

We will pick up or you can put your donations in our cubbies. Thank you!

Socrates Café

What Is The Highest Good?

The Good Life: Aristotle
Short video and discussion

Tuesday, March 21, 10:30-11:45 a.m.,
Auditorium

Sponsored by the Towson Unitarian
Universalist Church

Open to all

Voice of the Residents

Vol. 44, No. 7 March 2023

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Vespers

Visiting clergy and musicians will lead an afternoon prayer.

Sundays, 4 p.m., Auditorium

March 19

April 16

All are welcome